



1

All About Me



Lesson Highlights

- Your Personal Details
- Your Daily Activities
- Your Favourite

My name is _____.

I am _____ years old.

My birthday comes on _____.

I study in class _____.

The name of my school is _____.

My teacher's name is _____.

My best friend's name is _____.

My father's name is _____.

My mother's name is _____.

My address is _____.

_____.

Paste
Your
Photograph



What are your favourite things?

- My favourite colour is _____.
- My favourite toy is _____.
- My favourite fruit is _____.
- My favourite vegetable is _____.
- My favourite bird is _____.
- My favourite animal is _____.
- My favourite game is _____.
- My favourite book is _____.

Write down your daily routine in the space given below.

Teacher's Note

- Encourage the students to learn their parents contact numbers and address.



I Love My Family



Lesson Highlights

- Small Family
- Joint Family
- Large Family

Small Family

This is Rohit's family. He lives with his mother, father and his sister. Such families are called small family.



Joint Family

This is Seema's family. She lives with her mother, father, sister, brother, grandfather, grandmother, aunt, uncle and cousins. Such families are called joint family.



Large Family

This is Rahul's family. He lives with his mother, father, two sisters and a baby brother. He has a large family.



Father and mother are called **parents**.

Parents and children make a **family**.

A family may be small, large or joint.

Now, Tell something about your family.

1. What kind of family do you have? Tick (✓) on the right answer.

Small Family



Large Family



Joint Family



2. There are _____ members in my family.

3. My father's name is _____.

4. My mother's name is _____.

5. I have _____ brothers and _____ sisters.

More to Know

Our family is God's gift to us.

Key Words

parents, family, joint, large, members

CHAPTER Check UP



A. Tick (✓) the correct option :

1. There are _____ kind of families.

(a) two



(b) three



(c) four



(d) five



2. Which kind of family has less than four members ?

(a) Small



(b) Joint



(c) Large



(d) None of these.



3. Father and mother are called

(a) grandparents



(b) relatives



(c) parents



(d) None of these



B. Match the following .



(a) Large family



(b) Joint family



(c) Small family

C. Answer the following questions in one or two words.

1. How many kind of families are there ?

2. Which kind of family has less number of members - joint or small ?

3. Which kind of family does Rahul have ?



D. Answer the following questions in one line.

1. What is a family ?

2. How many members are there in a small family?

3. Who are parents ?

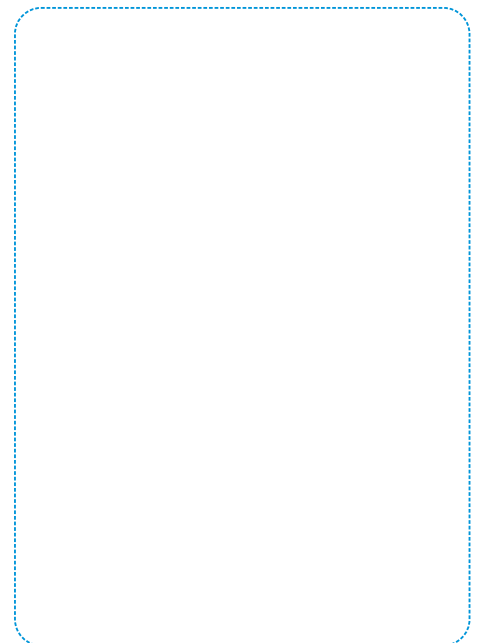
E. Answer the following questions in three or four lines.

1. Who live in a joint family?

2. How many kind of families are there ? Name them.

Creative Activity

- Whom do you love the most in your family? Write the name and paste the photograph of that person here. Also, write two things which you like the most about your favourite person.



Teacher's Note

- Explain the different types of families to students in detail.



3

Caring and Sharing

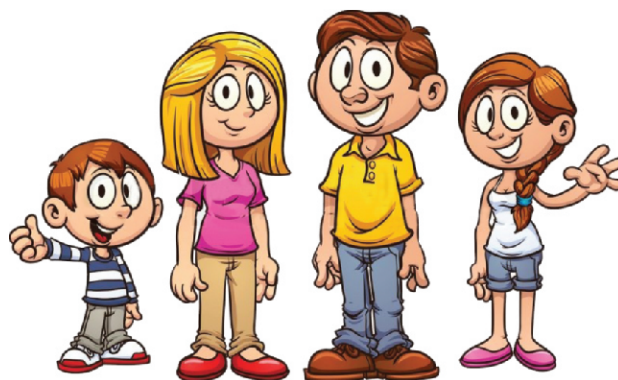


Lesson Highlights

- Duties of our family members

This is Mr. Sha's family. It is a small family. The family members are Mr. Sha, Mrs. Sha, their son Ritik and daughter Isha.

This is a happy family. All the members of this family care for each other. They also share their works. Mr. Sha does many things for the family.



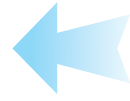
Mr. Sha's family



He takes care of his wife and children when they are ill.

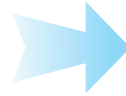
He helps his wife in the kitchen.





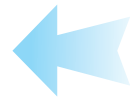
He drops the children at their school.

He earns money for his family.



He helps his children in their studies.

He takes his family to different places for fun during holidays.



He also helps his wife in keeping their home clean.

Mrs. Sha does many things for the family.
She cooks food for the whole family.



She takes care of her children.





She looks after the studies of her children.

She keeps her home clean.



She also tells stories to her children at night.

Ritik and Isha also help their parents in work.

Ritik and Isha water the plants.



They help their parents in keeping their home clean.

They study properly to make their parents happy.



They look after the guests.

More to Know

God loves those who love their parents.

Key Words

members

care

share

help

different

CHAPTER Check UP

A. Tick (✓) the correct option :

1. Ritik and Isha help their parents in keeping their home :

(a) clean



(b) dirty



(c) both (a) & (b)



(d) None of these



2. How is Mr. Sha's family ?

(a) big



(b) small



(c) joint



(d) large



3. Mr. Sha helps his wife in the :

(a) kitchen



(b) bedroom



(c) living room



(d) dining room



4. Mr. Sha takes his family to different places for :

(a) food



(b) movie



(d) fun



(d) study



B. Fill in the blanks :

clean, water, stories

1. Mrs. Sha tells _____ to her children at night.

2. Ritik and Isha _____ the plants.

3. Mrs. Sha keeps her home _____.

C. Read the following :

If your answer is father, write 'F' in the box, if it is mother, write 'M'. If both, write 'P'.

1. Who brings you from school ?



2. Who tells you stories ?



3. Who takes you to zoo ?
4. Who takes you to school ?
5. Who cooks food for you ?



D. Answer the following questions :

1. How do you keep your parents happy ?

2. How do you share your mother's work at home ?

3. Do you take care of your mother when she is ill ?

4. Write two things your father does for you.

5. How does your mother take care of her family ?

Creative Activity

- Given below are pictures of household things. Write down their names.

















Teacher's Note

- To encourage the students to help their parents at home.



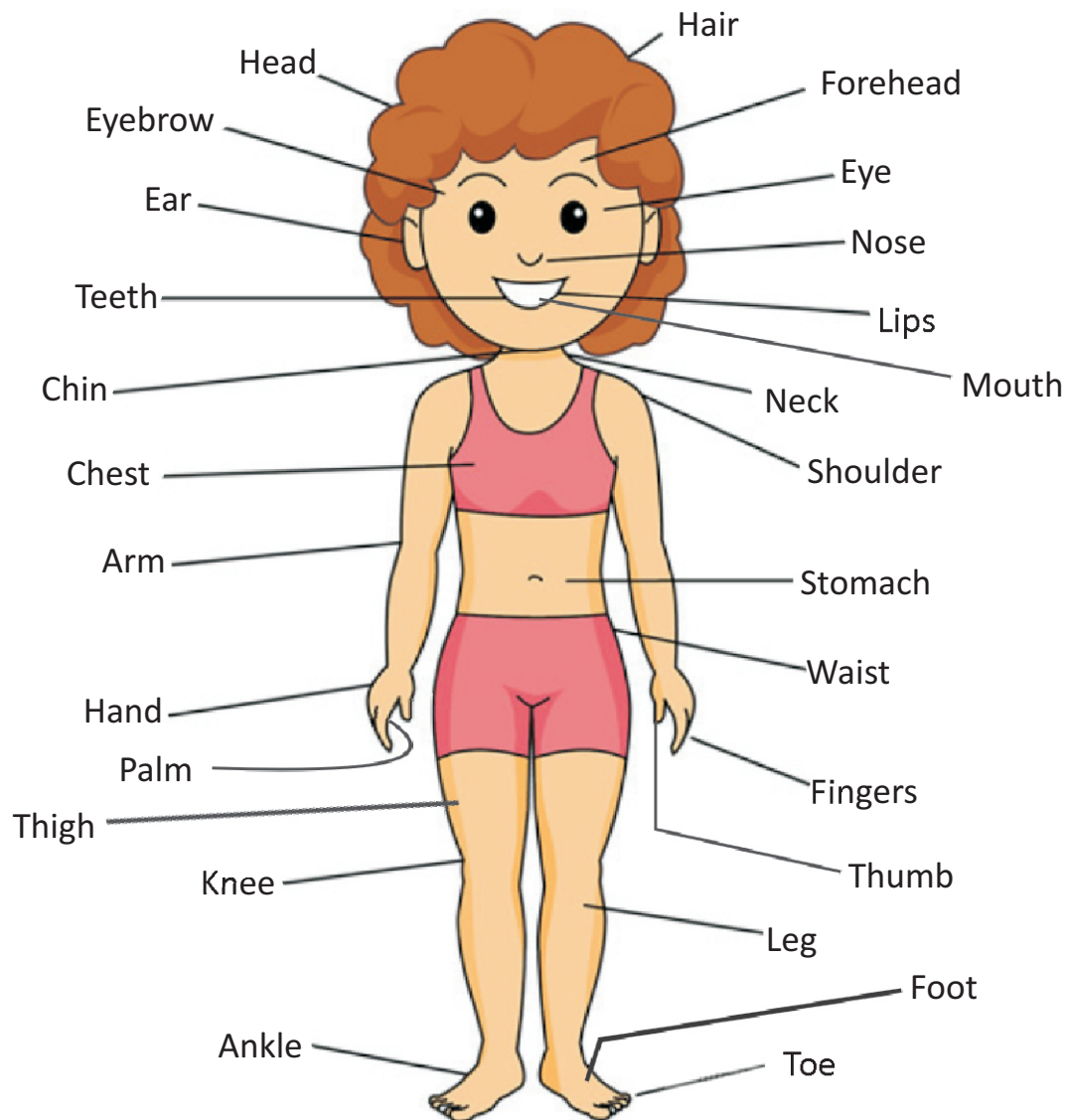
4

Parts of the Body



Lesson Highlights

- The parts of our body.
- Our sense organs.

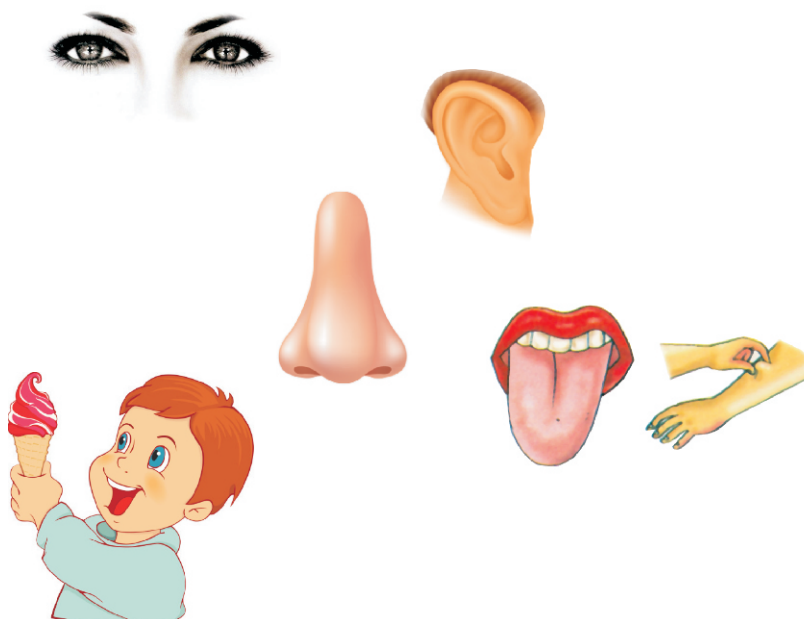


Our body has many parts :

We walk, run and jump with our legs. We hold things with our hands.

Sense Organs :

- We see with our eyes.
- We smell with our nose.
- We hear with our ears.
- We taste with our tongue.
- We feel with our skin.



More to Know

Eyes, nose, ears, tongue and skin are our sense organs. They are five in numbers. They help us to know the things around us.

Key Words

Sense

Organs

Palm

Thigh

Ankle

Head

Lips

Mouth

Shoulder

Chin

CHAPTER

Check

UP



A. Tick (✓) the correct option :

1. My mouth helps me to :

(a) walk

(c) smile



(b) run



(d) speak



2. My nose helps me to :

(a) smell



(b) hear



(c) taste



(d) none of these



3. My hands help me to :

(a) taste



(b) smell



(c) work



(d) smile



4. My legs help me to :

(a) run



(b) laugh



(c) eat



(d) smell



B. Write True or False :

1. We have six sense organs.

2. We smell with our tongue.

3. We walk and jump with our hands.

4. We taste with our nose.

5. We hear with our ears.

C. Fill in the blanks :

see, nose, feel, tongue, hear

1. We _____ with our eyes.

2. We smell with our _____.

3. We _____ with our ears.

4. We _____ with our skin.

5. We taste with our _____.



D. Answer the following questions :

1. Which part of the body is use to hold things ?

2. How many sense organs do we have ?

3. What is the use of our legs ?

4. Write the name of all sense organs.

Creative Activity

• **Write the numbers of each organ you have :**

1. Hands _____

2. Ears _____

3. Nose _____

4. Teeth _____

5. Fingers _____

6. Tongue _____

Teacher's Note

- To encourage the students to learn the name of body parts.
- To call each student to know about his/her sense organs.



Assessment sheet – 1

(Based on Chapter 1 to 4)

A. Tick (✓) the correct option :

- Which kind of family has less than four members?
(a) Small ☐ (b) Joint ☐
(c) Large ☐ (d) None of these ☐
- Ritik and Isha help their parents keeping their home :
(a) clean ☐ (b) dirty ☐
(c) both (a) & (b) ☐ (d) None of these ☐
- My Nose helps me to
(a) smell ☐ (b) hear ☐
(c) taste ☐ (d) None of these ☐

B. Fill in the blanks :

clean, stories, nose, hear

- Mrs. Sha tells _____ to her children at night.
- Mrs. Sha keeps her home _____.
- We smell with our _____.
- We _____ with our ears.

C. Write True or False :

- We have six sense organs. ☐
- We smell with our tongue. ☐
- We taste with our nose. ☐
- We hear with our ears. ☐

D. Answer the following questions:

- Who live in a joint family?
- Do you take care of your mother when she is ill?
- Which part of the body is use to hold things?
- What is the use of our legs?



5

Food We Eat



Lesson Highlights

- Need of food.
- Different types of food.

We need food to stay alive. Food gives us energy to study, play and work. It also helps us to grow. We stay healthy when we take balanced diet. Look at the pictures of some food items. Complete their names.



F _ _ _ T



CH _ _ _ EN



VEG _ _ _ _ _



M _ _ K



J _ _ _ E



IC _ _ _ _ M



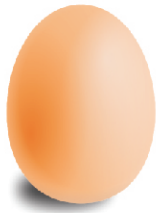
NO _ _ _ ES



R _ _ _ _



B _ _ _ D



E _ _



D _ _ A



BI _ _ IT

We eat rice, dal, roti and vegetables. We also take fruits and sweet dish. Some of us eat eggs, meat and fish. We also take healthy drinks like milk and juice.

We take three important meals in a day. We take breakfast in the morning, lunch in the afternoon and dinner at night.

More to Know

All living beings need food to live.

Key Words

energy, healthy,
balanced, diet

CHAPTER Check UP

A. Tick (✓) the correct option :

1. When did we take the dinner ?

(a) in the morning



(b) in the noon



(c) in the evening



(d) at night



2. When did we take the breakfast ?

(a) in the morning



(b) in the noon



(c) in the evening



(d) at night



3. When did we take the lunch ?

(a) in the morning



(b) in the noon



(c) in the evening



(d) at night



B. Write True or False :

1. We take milk at night.

2. We take lunch in the afternoon.

3. We take breakfast in the morning.

4. We take dinner in the morning.

C. Choose the correct word from the box and fill in the blanks :

dinner, vegetables, energy, milk, grow

1. _____ is a healthy drink.

2. Food helps us to _____.

3. We take _____ at night.

4. Food gives us _____.

5. We take rice, dal, roti and _____ in our meals.

D. Write the names of four food items which you like to eat in breakfast, lunch and dinner :

	Breakfast	Lunch	Dinner
1.	_____	_____	_____
2.	_____	_____	_____
3.	_____	_____	_____
4.	_____	_____	_____



E. Complete the following words :

1. F O _ D _____
2. R _ C _ _____
3. M _ L _ _____
4. F _ U _ T _____
5. J _ I _ E _____

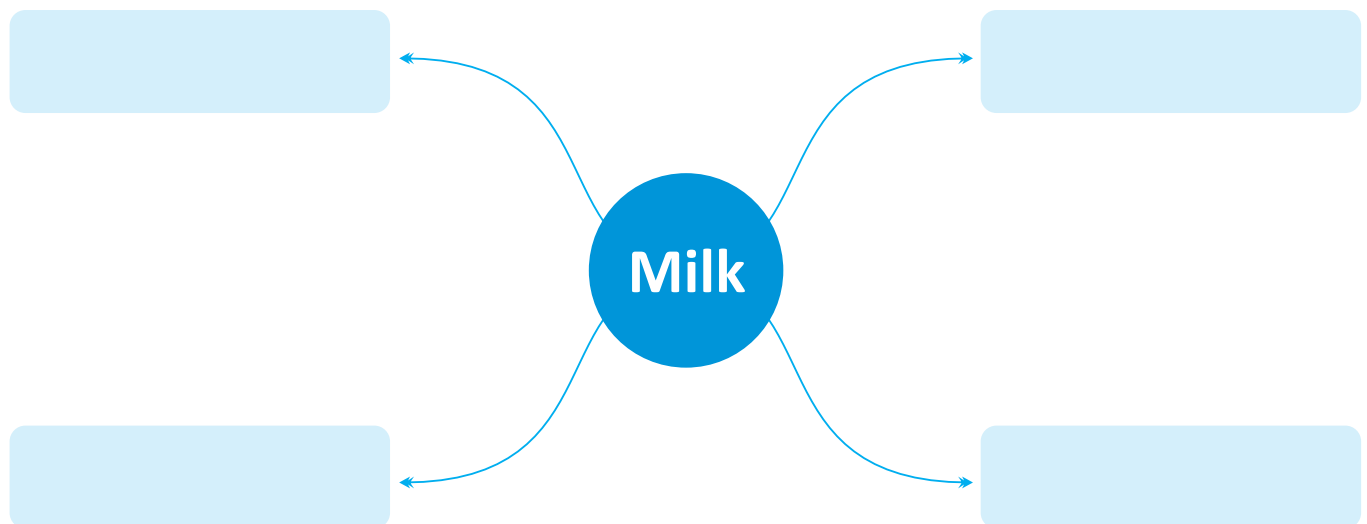
F. Answer the following questions :

1. Why do we need food ?

2. What is a balanced diet ?

Creative Activity

- Ask your mother to tell you about four food products that are made from milk. Write them in the boxes :



Teacher's Note

Teacher encourage the students to take healthy food like milk, eggs, green vegetables and to check their tiffin.

6

Our Sweet Home

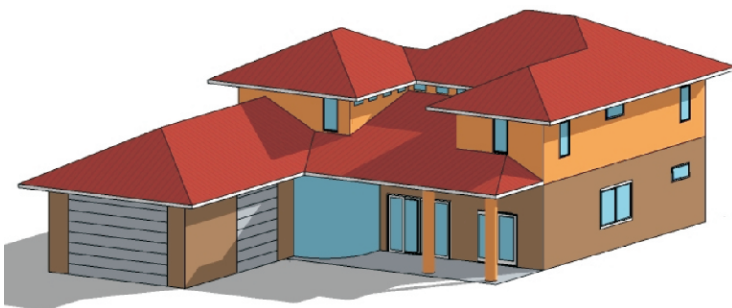


Lesson Highlights

- Need of house.
- Parts of house.
- Types of houses.

All of us live in houses. A house protect us from heat, cold, rain, strong winds, thieves and wild animals. We live in our house with our family.

Our house is called our home. We get comfort in our home.



A house has walls and a roof. It has windows and doors. It has many rooms.

We cook food in the kitchen.



Our guests sit in the drawing room or living room.



We sleep in the bedroom.



We take bath in the bathroom.



We eat in the dining room.



More to Know

- ♦ We must clean our house daily to stay away from diseases.
- ♦ A house is called a home when people live in it.

A house can be big or small. Big houses have many rooms. Small houses have one or two rooms.

Types of Houses

There are many types of houses :

Kachcha Houses : Kachcha houses are made of mud, straw and bamboo. They are found in villages.



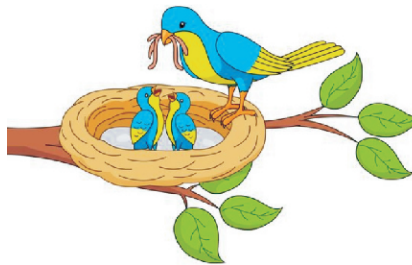
Pucca Houses : Pucca houses are made of bricks, cement, iron, steel and wood. Pucca houses are very strong. We find these houses in cities and towns.



Huts : Huts are made up of bamboo and straw. A hut is also a kachcha house. Birds and animals also live in houses.

A bird lives in a nest.

A rabbit lives in a burrow.



A lion lives in a den.

A horse lives in a stable.

A dog lives in a kennel.



More to Know

- ♦ Forest is a home for many wild animals.

Key Words

house

guest

kachcha

bamboo

cement

pucca



CHAPTER **Check UP**

A. Tick (✓) the correct option :

1. We cook food in the :

(a) drawing room



(b) living room



(c) kitchen



(d) bedroom



2. A house has :

(a) walls



(b) roof



(c) both (a) & (b)



(d) None of these



3. All of us live in :

(a) houses



(b) school



(c) office



(d) market



4. Kachcha house is made of :

(a) mud



(b) straw



(c) bamboo



(d) All of these



B. Write True or False :

1. Animals also need a home to live in.

2. A house protects us from thieves and wild animals.

3. We see a hut in a city.

4. A horse lives in a cave.

5. A pucca house is made up of bamboo and straw.

C. Fill in the blanks :

kitchen, clean, bedroom, light

1. We use _____ for cooking food.

2. We sleep in the _____.

3. We should keep our home _____.

4. We keep the windows of house open for _____ and fresh air.



D. Match the following :

- | | |
|-----------|------------|
| 1. Dog | (a) Burrow |
| 2. Lion | (b) Stable |
| 3. Rabbit | (c) Kennel |
| 4. Horse | (d) Den |
| 5. Hut | (e) Nest |
| 6. Bird | (f) Bamboo |

E. Answer the following questions :

1. What are pucca houses made of ?

2. How many rooms does a small house has ?

3. Where do we find kachcha houses ?

4. Why do we need a house?

5. What are kachcha houses made of ?

Creative Activity

- In which room would you find each of these things ? Write **D** for dining room, **B** for bathroom, **K** for kitchen and **L** for living room :



Teacher's Note

- To encourage the students to keep their home clean.
- To have a study table if there is no study room in the home.



My Neighbour



Lesson Highlights

- Neighbourhood Services
- Importance of Neighbourhood services

The families living near our house form our neighbourhood. The people living in these families are called our neighbours.

We share things with our neighbours. We share our joy, happiness and sorrows with our neighbours. We celebrate festivals together. We play with the children living in our neighbourhood. We should be a good neighbour.

Neighbourhood Services :

There are many important places in our neighbourhood. They are very useful for us. They make our life comfortable.

Market : Every neighbourhood has a small market. We buy things of our daily needs from there. There are many shops in the market. We buy bakery items from a bakery.

We buy stationery, books and notebooks from a book shop. We buy chocolates, cold-drinks, ice-creams, etc. from a confectionery. We buy clothes from a cloth store. We buy vegetables and fruits



from a green-grocer. We buy medicines from a medical store. We buy butter, milk, cheese, curd, etc., from a dairy.

Post office : Post office is a very useful service in our neighbourhood. We buy envelopes, postcards and stamps from the post office. We send money-orders and telegrams from a post office. The postman brings our letters and money-orders.



Bank : Every neighbourhood has a bank. We deposit our money in a bank. We also keep our valuables in a bank. It is safe to keep our money and valuables in a bank.

Police Station : Every neighbourhood has a police station. The policeman keep the law and order in the city. They protect our lives and houses. They send the thieves and criminals to the jail.



Hospital : Every neighbourhood has a hospital. We go there when we fall ill. There are many doctors and nurses. They examine us and give medicines. We should always keep silence whenever we visit there.

More to Know

What is the function of Post Office ?

Fire Station : Fire station is an important service. If a house or shop catches fire, the fire brigade helps us.



School : School is a very important place. The teachers teach us there. We go there to learn many things. We learn there how to read and write. We learn good manners in school. We also make friends there and learn to share our things with them.

More to Know

100 is the helpline number of police and 101 is of fire brigade.

Key Words

Neighbour

Green grocer

Cheese

Envelopes

Telegrams

Fire Brigade

CHAPTER

Check

UP



A. Colour the boxes green if these services are in your neighbourhood :

1. Market



2. School



3. Medical store



4. Police station



5. Park



6. Dairy



7. Bank



8. Hospital



B. Fill in the blanks:

post office, policeman, hospital, school, medical store

1. The _____ protect our lives and houses.
2. We go to a _____ to buy a postcard.
3. We go to a _____ to buy medicines.
4. We go to a _____ when we fall sick.
5. We go to a _____ to study and be a good child.

C. Write True or False:

1. We go to hospital when we fall ill.
2. We send telegrams from a bank.
3. We buy medicines from a medical store.
4. We buy clothes from a book shop.
5. We keep our valuables in a bank.

D. Match the following:

- | | |
|------------------|-------------------|
| 1. Books | (a) Cloth store |
| 2. Medicines | (b) Bank |
| 3. Postcards | (c) Book shop |
| 4. Deposit money | (d) Post office |
| 5. Clothes | (e) Medical store |

E. Answer the following questions:

1. What is neighbourhood ?

2. Who delivers letters to your house ?

3. Where do you go to buy things of your daily needs ?

4. Who sends thieves and criminals into the jail ?

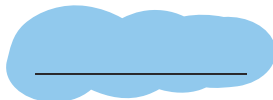


5. When do you go to hospital ?

Creative Activity

- Look at the pictures. Write from where you buy these things :

stationery shop, confectionery, cloth store, green grocer, medical store, dairy.



Teacher's Note

- To ask the students, what is the importance of Market, Post Office, Bank, Police Station, Hospital, Fire Station and School ?



Lesson Highlights

- The speciality of our school.
- We learn discipline and good habits in the school.

We go to school to study. Teachers teach us books and good habits. We go to school in the morning.



Students assemble in the assembly hall for the morning assembly. We say our prayer.





Teachers teach the students.
Our school has many class-
rooms.

Our school has Principal office
where he sits. Principal is the head
of the school.



Teachers sit in the staff room in
their free periods.

There is one accounts office in the
school. Parents submit the fees in
the accounts office.



Students play in the play ground
in the physical education period.



Our school has a library. Students read books in the library.

There is a canteen in the school. Students go to the canteen during break time.



Students do drawing, painting, colouring in the art room.

More to Know

- ◆ Principal is the head of the school.
- ◆ Librarian is the person who manage library.

Music teacher teaches us how to dance and sing. We enjoy the music.

Our school has a medical room to treat the sick students.

- Our school is very beautiful.
- It has many facilities.
- We learn to share things with our friends.
- We should go to school regularly.
- We should use school property carefully.
- We learn discipline and good habits in the school.



Key Words

Students	Principal	Library
Regularly	Medicine	Discipline

CHAPTER **Check UP**

A. Tick (✓) the correct option :

1. Principal sits in the :

(a) Staff room



(b) Principal office



(c) Music room



(d) None of these



2. Parents submit, the fees in :

(a) Principal office



(b) Dance room



(c) Accounts office



(d) None of these



3. Students draw, paint and colour in :

(a) Computer room



(b) Music room



(c) Art room



(d) None of these



4. Students read the story books in the :

(a) Play ground



(b) Class room



(c) Library



(d) None of these



B. Write 'Yes' if the following are in your school and 'No' if they are not in your school.



C. Fill in the blanks :

classroom, teach, accounts, staffroom

1. Teachers _____ us books and good habits.
2. Our school has many _____.
3. Teachers sit in the _____ in their free periods.
4. There is one _____ office in the school.

D. Match the following :

- | | |
|-----------------|------------------|
| 1. Teaching | (a) Music room |
| 2. Dance | (b) Class room |
| 3. Sick student | (c) Play ground |
| 4. Playing | (d) Medical room |

E. Answer the following questions :

1. Where do you go to play in the school ?

2. Who is the head of the school ?

3. Where do you learn to draw and paint ?

4. Where do you go to read story books in the school ?

F. Write five lines about your school.



G. Complete the following words:

1. PR — NC — PAL

2. M — SI — R — — M

3. L — BR — RY

4. P — AY — R — — ND

Creative Activity

- Draw the monogram of your school or paste the cutting of monogram.

- In the square puzzle given below find the places which we find in our school.

Clue Box :

Library

Play ground

Class room

Art room

Staff room

A	B	C	S	G	C	H	I	J	P
F	E	D	T	N	L	O	L	K	L
T	S	R	A	Q	A	P	U	M	A
U	V	W	F	X	S	C	D	F	Y
Z	Y	A	F	G	S	B	E	H	G
L	I	B	R	A	R	Y	Q	P	R
I	J	K	O	L	O	M	N	O	O
R	S	T	O	U	O	W	Y	Z	U
A	B	L	M	O	M	P	Q	R	N
A	R	T	R	O	O	M	S	T	D

Teacher's Note

- To ask students to come regularly to the school. To tell more about the school.



Assessment sheet – 2

(Based on Chapter 5 to 8)

A. Tick (✓) the correct option :

1. When did we take the dinner?

(a) in the morning

(c) in the evening



(b) in the noon



(d) at night



2. A house has :

(a) Walls

(c) both (a) & (b)



(b) roof



(d) None of these



3. Principal sits in the :

(a) Staff room

(c) Music room



(b) Principal office



(d) None of these



B. Fill in the blanks :

1. Food helps us to _____ .

2. We use _____ for cooking food.

3. We go to a _____ to buy a post card.

4. Teachers sit in the _____ in their free periods.

C. Write True or False :

1. We take lunch in the afternoon.

2. Animals also need a home to live in.

3. We go to hospital when fall ill.

4. We buy clothes from a book shop.



D. Complete the following words :

1. R__C__

2. F____D

3. PR__NC__PAL

4. L__BR__RY

E. Answer the following questions :

1. Why do we need food?

2. What are Pucca houses made of?

3. Who sends thieves and criminals into the jail?

4. Where do you go to play in the school?



Tear Away Worksheet - 1

(Based on Chapter 1 to 8)

Student's Name : _____

A. Tick (✓) the correct option :

1. There are _____ kind of families.
(a) two  (b) three 
(c) four  (d) five 
2. How is Mr. Sha's family?
(a) big  (b) small 
(c) joint  (d) large 
3. My legs help me to :
(a) run  (b) laugh 
(c) eat  (d) smell 
4. Kachcha house is made of :
(a) mud  (b) straw 
(c) bamboo  (d) All of these 
5. Students read the story books in the :
(a) Playground  (b) class room 
(c) Library  (d) None of these 

B. Fill in the blanks :

1. Ritik and Isha _____ the plants.
2. We _____ with our eyes.
3. _____ is a healthy drink.
4. We go to a _____ when we fall sick.
5. Our school has many _____.

C. Write True or False :

1. We hear with our ears. 
2. We talk milk our night. 
3. We see a hut in a city. 



4. We buy medicines from a medical store.

5. We keep our valuables in a bank.

D. Match the following :

- | | |
|------------|-------------|
| 1. Dog | burrow |
| 2. Rabbit | nest |
| 3. Bird | kennel |
| 4. Books | cloth store |
| 5. clothes | shop |

E. Answer the following questions :

1. How many kind of families are there? Name them.

2. How do you keep your parents happy?

3. Write the name of all sense organs.

4. What is neighbourhood?

5. Who is the head of the school?





Lesson Highlights

- The classroom is the place where we learn our lessons.

My school has many classrooms. Each class has four sections. I study in class I. My section is 'B'.

This is my classroom. It is a very big room. There are twenty five desks and fifty chairs in my class.



Each desk is used by two students. There is a big table and a chair in my classroom.

Our teacher uses that chair and table. She sits in front of us.

The walls of the classroom are decorated by many pictures and charts.



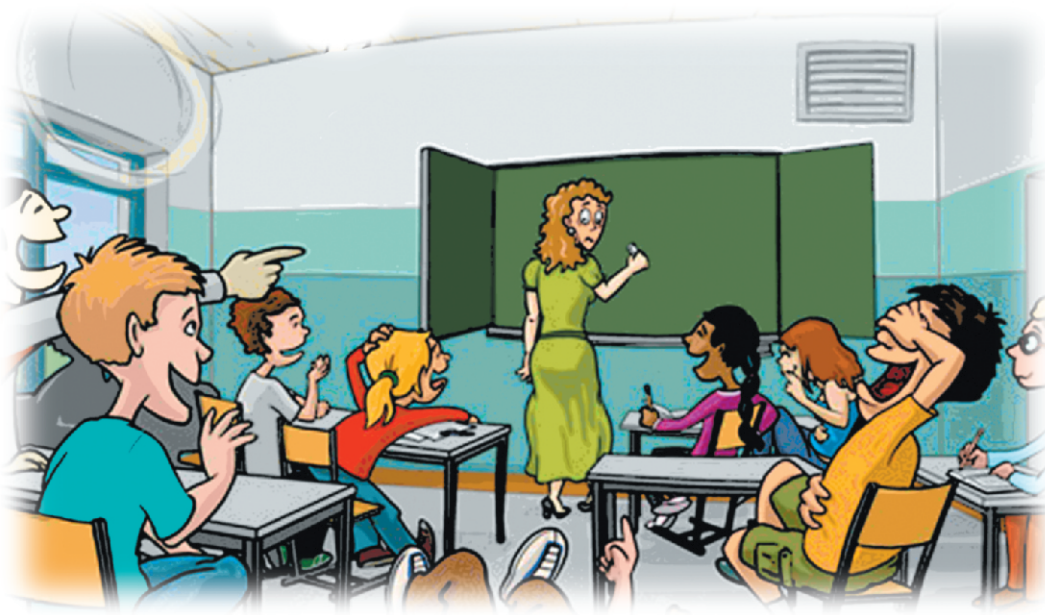
A blackboard is there on the wall in front of us.
The teacher writes on that blackboard.

Sometimes, we are asked to write or draw something on it.

My classroom has a computer, a cupboard and a shelf.

A dustbin is also there in my classroom. We throw waste papers, pencil wastes, etc., in that dustbin.

My classroom is bright and clean. We keep the door and windows of our classroom open to have sufficient light and fresh air.



More to Know

In the shelf we keep our books.

Key Words

Classroom
Sufficient
Blackboard
Computer
Fresh

CHAPTER Check UP

A. Tick (✓) the correct option :

1. The classroom is the place where we :

(a) play

(c) eat



(b) learn

(d) sleep



2. We open the door and window for :

(a) light



(b) fresh air



(c) both of (a) & (b)



(d) None of these



3. We should throw waste paper in the :

(a) cupboard



(b) dustbin



(c) table



(d) chair



B. Fill in the blanks :

chair, dustbin, charts, fresh air, blackboard

1. The walls of the classroom have pictures and _____.

2. Students use _____ to sit in the classroom.

3. Our teacher writes on the _____.

4. We throw waste papers in the _____.

5. We open the door and windows of the classroom for light and _____.

C. Match the following :

1. Blackboard

(a) To sit on

2. Walls

(b) Dustbin

3. Waste paper

(c) Open doors and windows

4. Fresh air

(d) Pictures and charts

5. Chairs

(e) To write on

D. Answer the following questions :

1. How many students are there in your classroom ?

2. How many sections are there of your class ?

3. How many desks and chairs are there in your classroom ?



Creative Activity

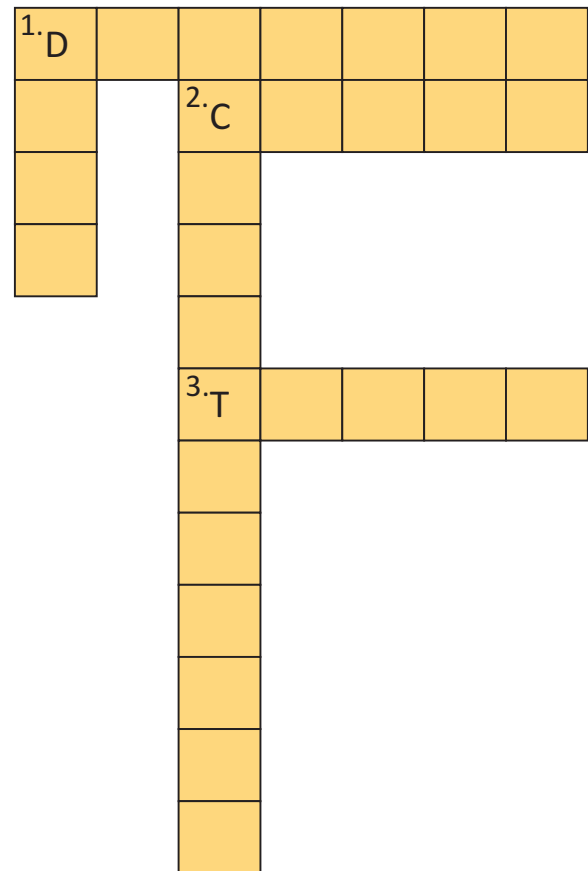
- Solve the puzzle :**

Across :

- To throw waste paper
- To sit on
- Used by the teacher to keep copies on it and check them.

Down :

- Used by students to keep their books and copies on it
- Pasted on the wall
- Teaches the students.



- Draw and colour four things that you see in the classroom. Write their names in the small boxes.**

Teacher's Note

- To encourage the students that you should keep your classroom neat and clean.

10

Our Festivals



Lesson Highlights

- Types of Indian festivals.
- People enjoy and greet each-other.

Festivals bring joy and happiness. We wear new clothes on festivals. We eat delicious food on festivals. We celebrate many festivals in India.

Dussehra

Dussehra is an important festival of the Hindus. It marks the victory of good over evil. It starts with Ramlila and ends with burning of effigies of **Ravana**.



In some parts of India, **Durga Puja** is celebrated at this time. People wear new clothes on this occasion and worship goddess Durga.

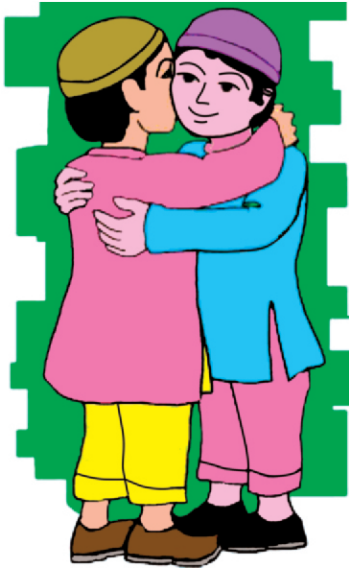
Diwali

Diwali is also an important Hindu festival. It is called the **festival of lights**. On this day, we decorate our houses with candles, diyas and colourful lights. We worship Goddess Lakshmi. We exchange sweets and gifts on this day.



Christmas

Christmas is the festival of Christians. It is celebrated on 25th December every year. It is the birthday of Jesus Christ. People wear new clothes and exchange gifts and cakes.



Eid

Eid is the festival of Muslims. People stay on fasting for a month before Eid. On this day, people wear new clothes and greet each other with 'Eid Mubarak'. Food and clothes are given to the poor on this day.

Guruparv

Guruparv is celebrated by the Sikhs. This festival marks the birthday of Sikh Gurus. People go to Gurudwaras to pray. On this day, Langar is distributed among the poor.

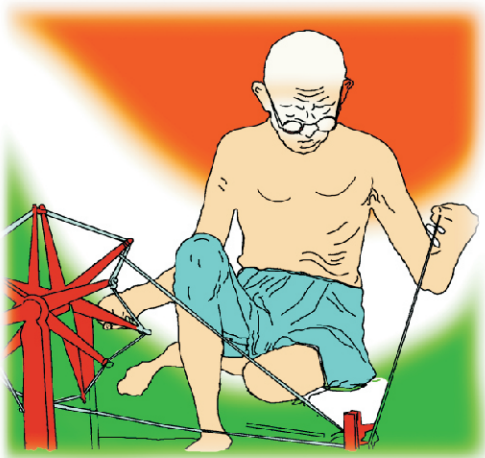


National Festivals

National festivals are celebrated by everyone in the country. We celebrate three national festivals in India.

Independence Day

It is celebrated on 15th August. India became independent on this day. On this day, national flag is hoisted by the Prime Minister at the Red Fort in Delhi. People sing National Anthem and fly kites.



Gandhi Jayanti

It is celebrated on 2nd October to mark the birthday of Mahatma Gandhi. People visit to Mahatma Gandhi Samadhi at Raj Ghat to pay homage to Bapu.

Republic Day

26th January is celebrated as the Republic Day. On this day, India became republic.

National flags are hoisted all over the country. A grand parade is also held on the Rajpath in Delhi.



More to Know

- ◆ Dussehra is celebrated as Lord Rama got victory over Ravana.
- ◆ West Bengal is famous for Durga Puja.

Key Words

Effigies,	Celebrated,	Occasion,
Goddess	Exchange,	Distribute

CHAPTER **Check UP**

A. Tick (✓) the correct option :

1. Guruparv is the festival of :

(a) Hindu



(b) Sikhs



(c) Christians



(d) Muslim



2. Eid is the festival of :

(a) Muslim



(b) Hindu



(c) Sikhs



(d) Christians



3. Christmas is the festival of :

(a) Hindu



(b) Muslims



(c) Christians



(d) Sikhs



4. Dussehra is an important festival of the :

(a) Hindus



(b) Muslims



(b) Sikhs



(d) Christians



B. Fill in the blanks :

Eid, Durga Puja, Guruparv, 25th December, Diwali

1. _____ is celebrated after one month's fasting.

2. Jesus Christ's birthday is celebrated on _____.

3. _____ is the festival of lights.

4. _____ is held for 10 days during Dussehra.

5. _____ marks the birthday of Sikh Gurus.

C. Match the following :

1. Eid

(a) Hindus

2. Independence day

(b) Muslims

3. Dussehra

(c) Sikhs

4. Christmas

(d) Indians

5. Guruparv

(e) Christians



D. Answer the following questions :

1. Name any two National festivals.

2. Which festival is the festival of lights ?

3. Who celebrate Guruparv ?

4. On which date Christians celebrats Christmas Day ?

5. Which festival do you like most ? Draw the picture.

Creative Activity

• **Solve the puzzle on Indian festivals :**

Across :

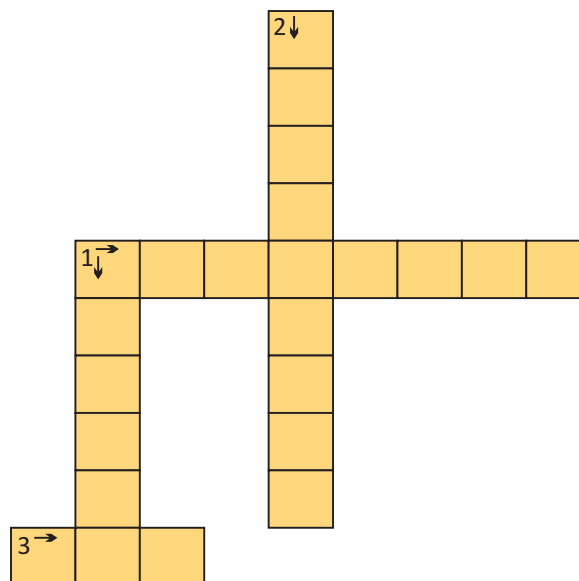
1. This festival marks the victory of good over evil.

3. It is the festival of Muslims.

Down :

1. It is the festival of Lights.

2. It is the birthday of Jesus Christ.



Teacher's Note

- Before and after the festival, teacher should ask the students about the celebration.



11

Good Manners and Habits



Lesson Highlights

- Some good habits.
- Importance of good habits in our life.
- Some good manners.

We learn good manners and good habits at home and in school. Everyone appreciates a well mannered child. Good habits fill our life with happiness.

Good Manners : We should follow these manners everywhere :

1. We should respect our parents, elders and teachers.
2. Always speak politely and softly with everyone.
3. Always speak these polite words :
 - (a) Say Please, when you need something.
 - (b) Say Sorry, if you do something wrong.
 - (c) Say Thank you, when someone gives you something.
 - (d) Say Welcome, when someone thanks you.
 - (e) Say Excuse me, when you sneeze or cough.



4. We should greet our elders with 'Good Morning', 'Good Evening' and 'Namaste'.
5. We should not argue with others.
6. Always speak in low voice.

Good Habits : We should follow these good habits in school and at home.

1. We should go to school on time.
2. We should take bath daily.
3. We should wear clean clothes.
4. We should wash our hands before and after every meal.
5. We should always go to bed early and get up early.
6. We should brush our teeth daily in the morning and at night.
7. Keep your classroom, school and home neat and clean.
8. Always be kind to animals. Never tease them.
9. Do not litter waste papers and other waste material in the classroom.
10. We should wait for the bus in a queue.
11. We should not push other children.
12. We should not tear pages of books.
13. We should always speak the truth.
14. Never write on the walls of classroom.



Our teachers and parents teach us good manners and good habits. Good children always follow these habits.

More to Know

- Sorry, Thankyou and Please are three golden words.

Key Words

habit,	manners,	appreciate,	politely,
material,	tease,	argue,	litter

CHAPTER Check UP

A. Tick (✓) the correct option :

1. Always speak in :

(a) high voice



(b) low voice



(c) mid voice



(d) very high voice



2. How many times you should brush your teeth ?

(a) One time



(b) Twice a day



(c) Thrice a day



(d) None of these



3. Keep your classroom, school and home :

(a) neat



(b) clean



(c) both (a) & (b)



(d) None of these



B. Write True or False :

1. Always stand in a queue while waiting for your bus.

2. Be kind to animals.

3. Push the other children.

4. Wash your hands before and after every meal.

5. Take a bath after two days.

6. Say 'Thank you' when someone gives you something.

7. Wear the same uniform regularly for three days.

C. Fill in the blanks :

please, sorry, thank you, excuse me, welcome

1. We say _____ when we do something wrong.



2. We say _____ when we need something.
3. We say _____ when we sneeze or cough.
4. We say _____ when someone gives us something.
5. We say _____ when someone thanks us.

D. Match the following :

- | | |
|-----------------------|---------------|
| 1. Speak | (a) Excuse me |
| 2. Something wrong | (b) Politely |
| 3. Need something | (c) Welcome |
| 4. Someone thanks you | (d) Sorry |
| 5. Sneeze or cough | (e) Please |

E. Answer the following questions :

1. How should we speak with everyone ?
2. How should we greet elders ?
3. What do you say when you get up in the morning ?
4. Write two good habits you learn at home.
5. Write two good manners you learn in the school.

Creative Activity

- Write 'G' for good manners and 'B' for bad manners :



Teacher's Note

- To encourage the students to speak sorry, thank you and excuse me in the class and at home.



Lesson Highlights

- Exercise
- Healthy Food
- Rest
- Cleanliness

Health is Wealth

Good health keeps us lively and active. We feel happy when we are healthy. These are the four rules for staying healthy :

- Exercise
- Healthy Food
- Rest
- Cleanliness



Exercise

Exercise makes us strong and healthy.

We must do simple exercises everyday.

Exercise gives us strength to work and play better, and we do not get tired easily.



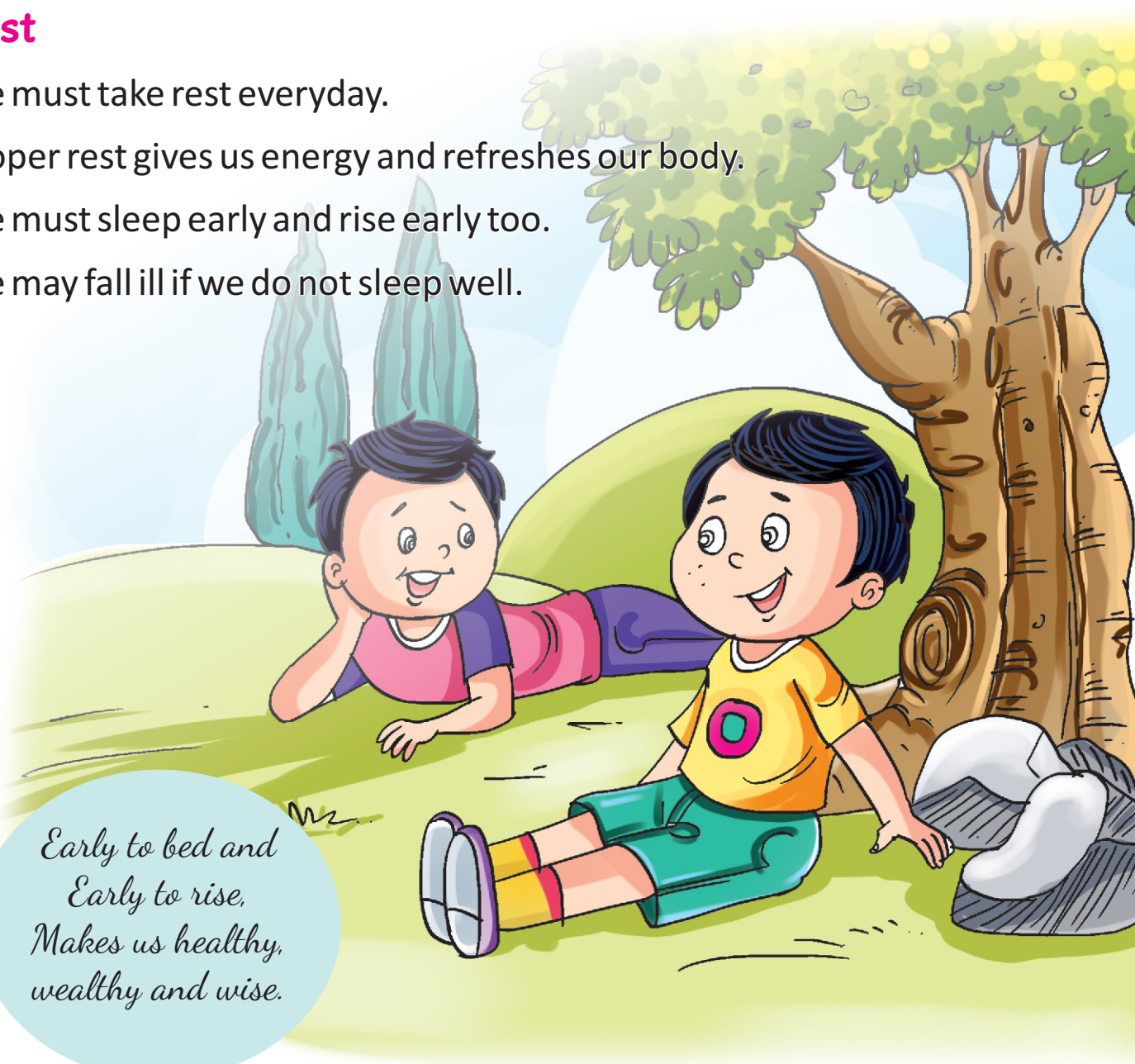
Rest

We must take rest everyday.

Proper rest gives us energy and refreshes our body.

We must sleep early and rise early too.

We may fall ill if we do not sleep well.



*Early to bed and
Early to rise,
Makes us healthy,
wealthy and wise.*

Healthy Food

- Food gives us energy and helps us to grow.



- We should eat a lot of fresh fruits and green vegetables.

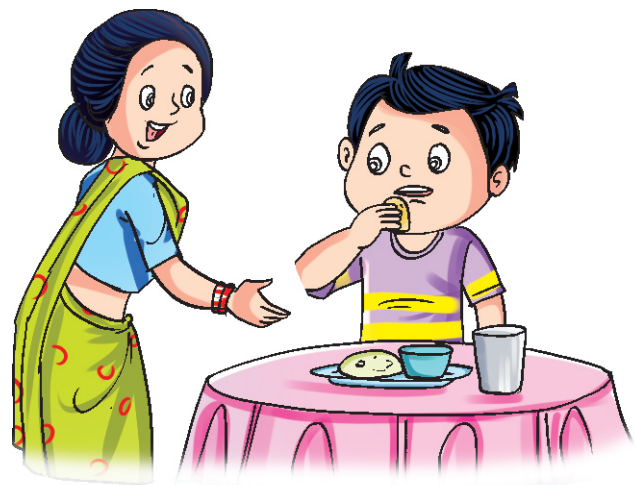
- We should drink milk everyday.



- We should eat food in the right quantity :



neither too much



nor too little

- We should drink lot of water.
- We should eat our meals at proper intervals.

Cleanliness

- Personal cleanliness is very important for good health.
- We must brush our teeth in the morning and before going to bed.
- We must take bath every day.
- We must wash our body properly with soap.



- We must wear clean clothes.
- We must comb our hair nicely.
- We must cut our nails once a week.
- We must clean our ears and nose regularly.
- We must wash our hands, face and mouth before and after each meal.

More to Know

Healthy food keeps our health good.

Key Words

Energy

Wealth

Refresh

Healthy

Exercise

CHAPTER **Check UP**

A. Tick (✓) the correct option :

1. We feel happy when we are

(a) weak



(b) tired



(c) healthy



(d) none of these



2. Exercise makes us

(a) strong



(b) healthy



(c) tired



(d) none of these



3. We should drink lot of _____.

(a) milk



(b) water



(c) juices



(d) soft drinks



B. Fill in the blanks.

1. Health is _____.

(wealth/wise)

2. Good health keeps us _____.

(sick/active)

3. Proper rest _____ our body.

(weakens/ refreshes)

4. Food gives us energy and help us to _____.

(grow/live)

5. We must wear _____ clothes.

(clean/dirty)

C. Answer the following questions in one or two words.

1. What makes us strong and healthy ?

2. What refreshes our body ?

3. How many times should we cut our nails in a week ?



D. Answer the following questions in one line

1. What are the four rules of good health?

2. What happens if we do not take proper sleep?

3. What kind of food should we eat?

E. Answer the following questions in three or four lines.

1. Why is exercise important for us?

2. How should we keep ourselves clean?

F. What time do you do these acts? Draw the hands of the clocks in these pictures.



Creative Activity

- Let us find out how our day begins. Complete this picture story by filling in the blank spaces. You may take help of the picture clues given with the blanks.

I wake up at 6 o'clock in the morning when my



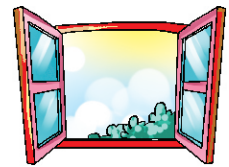
_____ rings . The



_____ shines into my



_____ through the



_____. I go to the

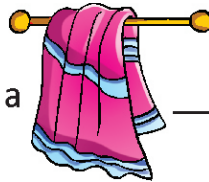


_____ . I

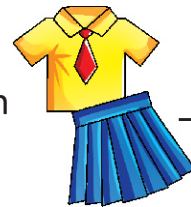


_____ my teeth. I take a

bath and wipe myself dry with a



_____ . I wear clean



_____ . I



_____ my hair. I eat my



_____ I pick up my



_____ . I say bye to my



_____ . I go to



_____ .

- Tick (✓) the healthy habits and cross (✗) the unhealthy ones.

1



2



3



4



5



6



7



8



Teacher's Note

- Explain the importance of cleanliness to students in detail.

Assessment sheet – 3

(Based on Chapter 9 to 12)

A. Tick (✓) the correct option :

1. The classroom is the place where we :

(a) play



(b) learn



(c) eat



(d) sleep



2. Guruparv is the festival of :

(a) Hindu



(b) Sikhs



(c) Christians



(d) Muslim



3. Exercise makes us

(a) strong



(b) healthy



(c) tired



(d) none of these



B. Fill in the blanks :

1. Our teacher writes on the _____.

2. _____ is the festival of lights.

3. We say _____ when we do something wrong.

4. Proper rest _____ our body.

C. Write True or False :

1. Always stand in a queue while waiting for your bus.



2. Be kind to animals.



3. Wash your hands before and after every meal.



4. Take a bath after two days.



D. Answer the following question :

1. How many students are there in your classroom?

2. Name any two National festivals.

3. How should we greet elders?

4. What kind of food should we eat?



13

Safety Rules



Lesson Highlights

- Importance of Safety Rules.

Safety rules save the life.
Safety rules avoid accidents.

Road Safety Rules



Walk on footpath.



Do not run on the road.



Follow traffic signals.



Do not take your hand out of a moving bus.



Do not board a moving bus.



Cross the road at the zebra crossing.

Safety at Home



Do not put a pencil in your ear.



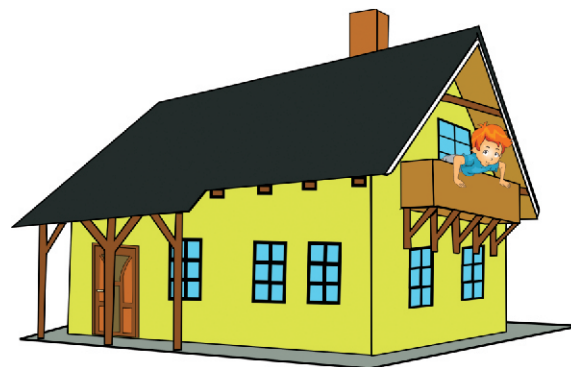
Do not touch electric wires plugs and switches with wet hands.



Do not play with blades and knife.



Keep away from strangers.



Do not lean on boundary wall.

More to Know

- ♦ One who drives a vehicle is the driver of that vehicle.
- ♦ Pedestrians are those who walk on foot.

Key Words

Stranger	Zebra crossing	Traffic	Signals
Blades	Boundary	Knife	

CHAPTER Check UP

A. Write 'Yes' or 'No':

1. We should cross the road on Zebra crossing.
2. Children should play on the road.
3. Children should touch the electric wire with wet hands.
4. Children should keep away from strangers.



B. Fill in the blanks:

knife, stranger, signals, footpath

1. Do not play with a _____.
2. Follow traffic _____.
3. Do not trust a _____.
4. Walk on the _____.

C. Complete the following words:

1. _ N I F _
2. S I _ N A L
3. F _ O T P _ T H
4. R O _ D

D. Answer the following questions:

1. Why should we follow safety rules?



2. Where should we cross a road ?

3. Write two safety rules to be followed on the road.

4. Write two safety rules at home.

Creative Activity

- Learn the following poem and colour the picture :

Red light ! Red light !

What do you say ?

I say stop, stop,

Stop right away.

Yellow light ! Yellow light !

What do you mean ?

I mean wait, wait till,

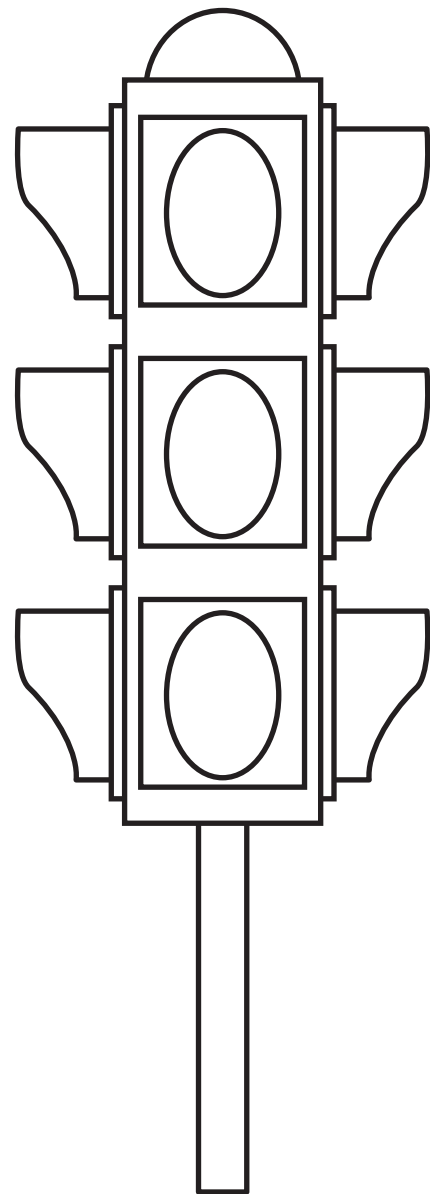
The light is green.

Green light ! Green light !

What do you say ?

I say, you can go,

And go right away.



Teacher's Note

- To tell students to follow safety rules every where to avoid accidents.



Lesson Highlights

- About our Earth.

We live on the planet Earth.

It is round like a globe.

The earth moves around the sun.

It has more water than land.

Our Earth is special.

Earth has water and air.

There is life on the Earth.



Smoke from industries and vehicles pollute our Earth. We should plant more trees. We should protect our wild life.



More to Know

- ♦ Trees keeps the environment fresh and pollution free.

Key Words

Globe	Protect	Vehicles
Industries	Pollute	Special

CHAPTER Check UP

A. Tick (✓) the correct option :

1. What should we do to save our Earth ?

(a) Cut the trees



(b) Plant more trees



(c) Kill the animals



(d) None of these



2. What pollutes our Earth ?

(a) Forests



(b) Animals



(c) Smoke from industries and vehicles



(d) None of these



3. Which planet has life ?

(a) Venus



(b) Mars



(c) Earth



(d) None of these



4. We live on :

(a) Mercury



(b) Venus



(c) Earth



(d) None of these



B. Fill in the blanks :

land, globe, water, air, sun

1. _____ is a model of the earth.

2. The Earth has _____ and _____.

3. The Earth has more water than _____.

4. The Earth moves around the _____.

C. Complete the following words :

1. GL — B —

2. IN — UST — Y

3. P — LLU — E

4. EA — TH

5. PRO — EC —

D. Answer the following questions :

1. Why is planet Earth special ?

2. What pollutes our Earth ?

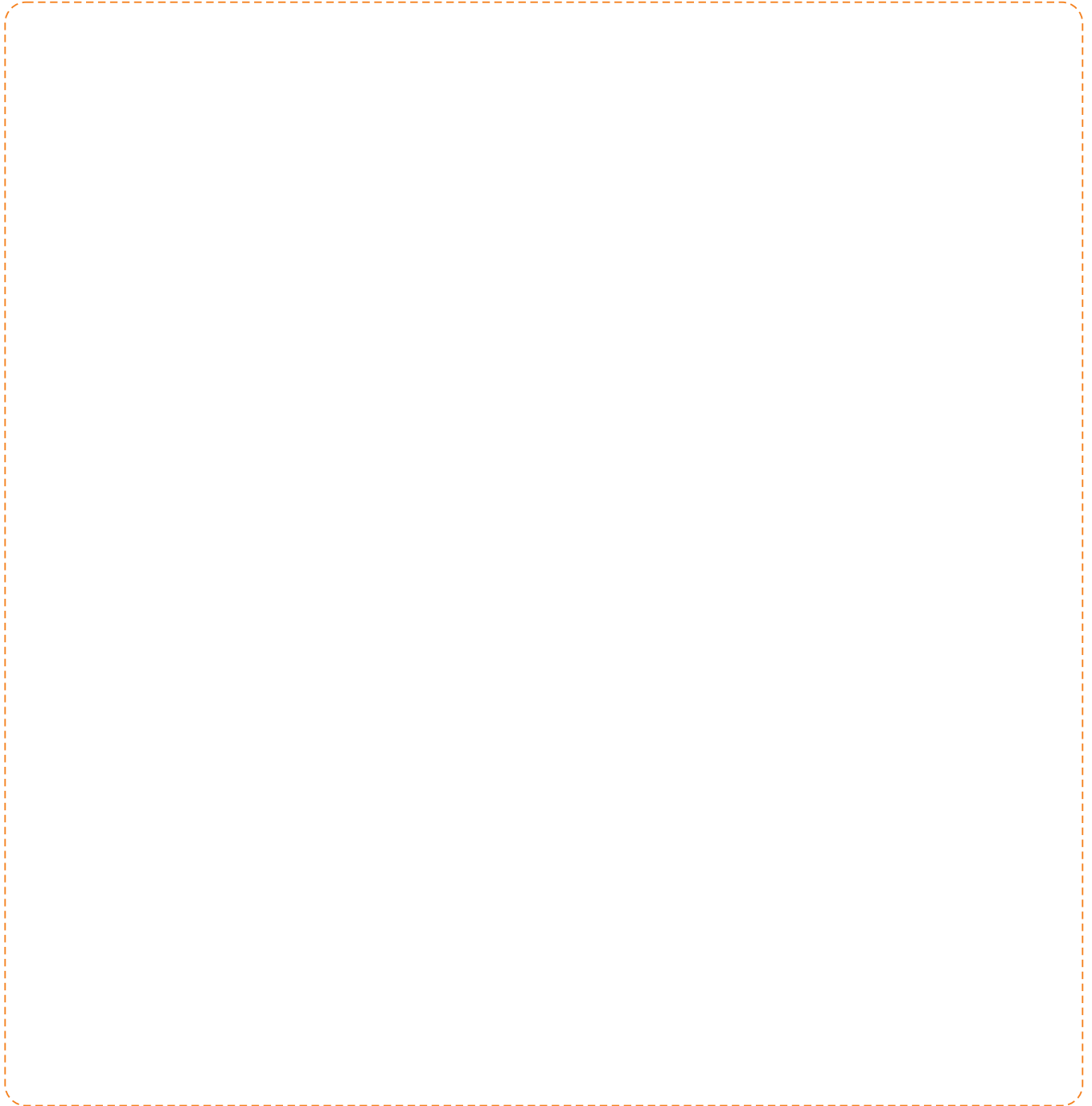
3. How can we protect our Earth ?

4. On which planet do we live ?



Creative Activity

- Draw the birds, trees, animals, waterfall, river etc. creating a beautiful scene available only on the planet Earth.



Teacher's Note

- To show the globe and tell about water and land on the earth.





Lesson Highlights

- The Life of early man.

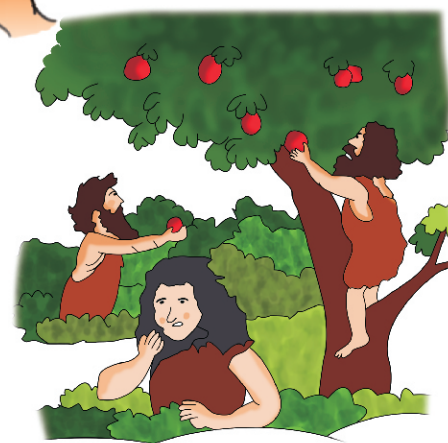
From the very beginning, man lived on this earth. But he lived a different life. He is known as the Early Man. He had no homes like us. He lived on the top of the trees. This kept him safe from wild animals. He also lived in the caves. It protected him from heat, cold, rain and wild animals.



The early man had no clothes to wear.

He wore the skin of animals or leaves or bark of the trees.

He did not know to lit a fire. He ate his food raw. He ate fruits or berries. He ate raw flesh of animals. He roamed about in search of food. His food was fruits,



nuts, seeds, roots and raw meat. He hunted the animals for food. He hunted them with stones and sticks.



The life of the early man was very hard. The life of the early man was no better than an animal.

Key Words				
Caves	Bark	Berries	Protect	Wild
Roamed	Hunter	Early	Better	Rain

More to Know

- ♦ The early man looked very different from us.
- ♦ Early man used fire for cooking and keeping the animals away.

CHAPTER **Check UP**

A. Tick (✓) the correct option :

1. The early man covered his body with :

- | | | | |
|-------------|--------------------------|-----------------------------|--------------------------|
| (a) clothes | ☐ | (b) leaves and animal skins | ☐ |
| (c) metal | ☐ | (d) none of these | ☐ |

2. Early man used fire for :

(a) cooking



(b) keeping the animals away



(c) both (a) & (b)



(d) none of these



3. Early man lived in :

(a) house



(b) caves



(c) city



(d) village



B. Write True or False:

1. The early man lived in flats.

2. The early man had no clothes to wear.

3. The early man ate his food raw.

4. The early man hunted the animals with gun.

5. The life of the early man was very hard.

C. Fill in the blanks:

fire, food, trees, stones, sticks, raw

1. The early man lived on the top of the _____.

2. The early man hunted the animals for _____.

3. The early man did not know to lit a _____.

4. The early man ate _____ flesh of animals.

5. The early man hunted the animals with _____ and _____.

D. Match the following:

1. Live

(a) Stones and sticks

2. Wear

(b) Very hard

3. Eat

(c) Caves

4. Hunt

(d) Raw flesh

5. Life

(e) Bark of the trees



E. Answer the following questions :

1. Name two things, the early man used to wear.

2. How was the life of early man ?

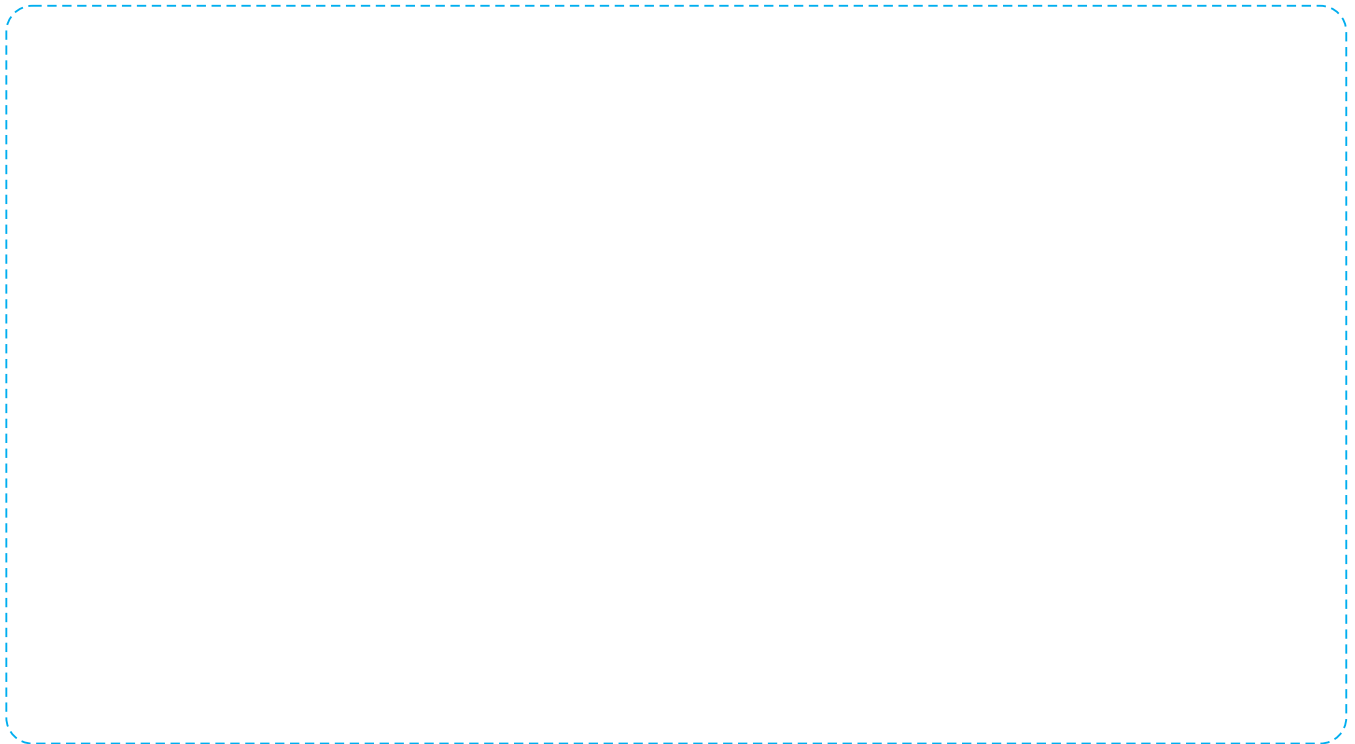
3. Name two things, the early man used to hunt animals.

4. Name two things, the early man ate as his food.

5. Name the two places where the early man lived.

Creative Activity

- **Draw the tools used by early man :**



Teacher's Note

- To compare the modern life with that of early man.



Assessment sheet – 4

(Based on Chapter 13 to 15)

A. Tick (✓) the correct option :

1. What should we do to save our Earth?

(a) Cut the trees



(b) Plant more trees



(c) Kill the animals



(d) None of these



2. We live on :

(a) Mercury



(b) Venus



(c) Earth



(d) None of these



3. The early man covered his body with :

(a) clothes



(b) leaves and animals skins



(c) metal



(d) None of these



B. Fill in the blanks :

1. Follow traffic _____.

2. Walk on the _____.

3. The Earth has more water than _____.

4. The early man hunted the animals for _____.

C. Write True or False :

1. Children should play on the road.



2. Children should touch the electric wire with wet hands.



3. The early man lived in flats.



4. The life of the early man was very hard.



D. Complete the following words :

1. Si__nal

2. Ea__th

3. Ro__d

4. Gl__be

E. Answer the following questions :

1. Why should we follow safety rules?

2. Where should we cross a road?

3. Why is planet Earth special?

4. How was the life of early man?



Tear Away Worksheet - 2

(Based on Chapter 9 to 15)

Student's Name : _____

A. Tick (✓) the correct option :

1. We open the door and window for :

(a) light



(b) fresh air



(c) both of (a) & (b)



(d) None of these



2. Eid is the festival of :

(a) Muslim



(b) Hindu



(c) Sikhs



(d) Christians



3. Always speak in :

(a) high voice



(b) low voice



(c) mid voice



(d) very high voice



4. Which planet has life?

(a) Venus



(b) Mars



(c) Earth



(d) None of these



5. Early man used fire for :

(a) cooking



(b) keeping the animals away



(c) both (a) & (b)



(d) none of these



B. Fill in the blanks :

1. We throw waste papers in the _____.

2. We say _____ when we need something.

3. We must wear _____ clothes.

4. _____ is a model of the earth.

5. The early man hunted the animals with _____ and _____.

C. Write True or False :

1. Say 'Thank you' when someone gives you something.



2. Push the other children.



3. We should cross the road on Zebra Crossing.



4. The early man ate his food raw.
5. Children should keep away from strangers.



D. Match the following :

- | | |
|----------------|----------------------------|
| 1. Black board | (a) To sit on |
| 2. Walls | (b) Dustbin |
| 3. Waste paper | (c) Open doors and windows |
| 4. Fresh air | (d) Picture and charts. |
| 5. Chairs | (e) To write on. |

E. Answer the following question :

1. On which date Christians celebrates Christmas Day?

2. Write two good manners you learn in the school.

3. Why is exercise important for us?

4. Write two safety rules to be followed on the road.

5. On which Planet do we live?

6. Name the two Places where the early man lived.

